

Alpha Overall Results

10K Run - 6.21 Miles

49 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
7/49	ADAMS, KAREN	4002	00:58:20.35	05:50	10K45-49F	1/7	F	3/37	00:58:20.14
31/49	ANDERSON, RHONDA	4003	01:13:04.58	07:18	10K55-59F	3/6	F	20/37	01:12:59.28
17/49	BREAU, CYNTHIA	4004	01:05:49.48	06:34	10K45-49F	3/7	F	10/37	01:05:48.67
12/49	BRIAND, EMILY	4005	01:04:13.06	06:25	10K25-29F	2/2	F	7/37	01:04:06.88
33/49	BURTON, HOLLY	4006	01:14:41.96	07:28	10K50-54F	4/5	F	22/37	01:14:36.62
25/49	CHAN, JANEY	4007	01:10:06.59	07:00	10K35-39F	4/8	F	16/37	01:09:57.17
47/49	DEMOLINE, CARRY	4008	01:30:15.78	09:01	10K40-44F	7/7	F	35/37	01:30:09.78
49/49	DESCHENES, NICOLE	4009	01:32:42.59	09:16	10K35-39F	8/8	F	37/37	01:32:34.95
21/49	DOYLE, SCOTT	4010	01:08:24.99	06:50	10K45-49M	1/1	M	9/12	01:08:15.15
28/49	DRAKE, DENISE	4011	01:10:31.27	07:03	10K45-49F	5/7	F	19/37	01:10:30.80
24/49	FAY, SYDNEY	4012	01:09:50.21	06:59	10K35-39F	3/8	F	15/37	01:09:43.23
44/49	FREY, PAMELA	4013	01:30:04.57	09:00	10K55-59F	6/6	F	32/37	01:29:55.22
5/49	HAMEL, JEN	4106	00:55:15.11	05:31	10K35-39F	1/8	F	2/37	00:55:14.72
23/49	HUMENIUK, ARLINE	4014	01:09:25.55	06:56	10K55-59F	2/6	F	14/37	01:09:19.43
45/49	HUNT, JEAN	4015	01:30:09.87	09:00	10K65-69F	2/2	F	33/37	01:24:21.34
46/49	HUNT, KYLEY	4016	01:30:10.15	09:01	10K35-39F	7/8	F	34/37	01:24:21.62
34/49	INNES, WENDY	4017	01:15:14.30	07:31	10K55-59F	4/6	F	23/37	01:15:10.70
26/49	JORDAN, SARAH	4018	01:10:07.13	07:00	10K35-39F	5/8	F	17/37	01:10:00.25
30/49	LAFORGE, PIERRE	4019	01:11:47.66	07:10	10K55-59M	4/5	M	11/12	01:11:42.56
2/49	LARGE, DUSTIN	4104	00:47:59.38	04:47	10K35-39M	1/2	M	2/12	00:47:58.53
11/49	MACDONALD, LAUREN	4020	01:04:12.41	06:25	10K35-39F	2/8	F	6/37	01:04:07.96
3/49	MAILLET, MARTIN	4021	00:50:07.68	05:00	10K35-39M	2/2	M	3/12	00:49:54.33
19/49	MANLEY, JIM	4022	01:07:56.14	06:47	10K55-59M	3/5	M	8/12	01:07:48.44
40/49	MAYS, JACKIE	4024	01:20:48.75	08:04	10K50-54F	5/5	F	28/37	01:20:44.79
14/49	MAYS, NICHOLAS	4025	01:04:45.45	06:28	10K55-59M	2/5	M	7/12	01:04:40.23
48/49	MELNECHENKO-PEDLAR, TRAC	4026	01:32:39.42	09:15	10K45-49F	7/7	F	36/37	01:32:30.81
35/49	MOORE, DONNA	4029	01:15:24.68	07:32	10K55-59F	5/6	F	24/37	01:15:20.96
32/49	MORASHPARSONS, AMANDA	4030	01:14:11.68	07:25	10K40-44F	2/7	F	21/37	01:14:08.98
41/49	MORESHEAD, AMY	4031	01:21:43.06	08:10	10K40-44F	5/7	F	29/37	01:21:40.26
42/49	NGUYEN, MY	4033	01:23:02.58	08:18	10K40-44F	6/7	F	30/37	01:22:53.43
43/49	NORRISH, VALERIE	4034	01:23:44.53	08:22	10K65-69F	1/2	F	31/37	01:17:56.00
39/49	OWEN, DAVE	4035	01:18:13.81	07:49	10K55-59M	5/5	M	12/12	01:18:08.72
13/49	PALMER, DALE	4036	01:04:41.77	06:28	10K50-54M	1/1	M	6/12	01:04:40.24
10/49	PALMER, RYAN	4037	01:02:24.80	06:14	10K15-19M	1/1	M	5/12	01:02:23.22
15/49	RISERBATO, ANTONINA	4038	01:04:45.50	06:28	10K45-49F	2/7	F	8/37	01:04:41.15
20/49	ROEDLER, RHONDA	4039	01:08:14.40	06:49	10K40-44F	1/7	F	12/37	01:08:12.83
16/49	ROTCHOT, KATHLEEN	4052	01:05:13.91	06:31	10K50-54F	3/5	F	9/37	01:05:12.54
27/49	SCOTT, BRENDA	4040	01:10:29.68	07:02	10K35-39F	6/8	F	18/37	01:10:29.67
37/49	SHAW, SUSAN A	4050	01:15:31.01	07:33	10K45-49F	6/7	F	26/37	01:15:30.54
6/49	SHEPHERD, ROB	4102	00:57:52.53	05:47	10K55-59M	1/5	M	4/12	00:57:51.01
1/49	SMITH, ADRIAN	4041	00:44:18.98	04:25	10K25-29M	1/1	M	1/12	00:44:18.97
38/49	SPENCER, DANIELLE	4043	01:18:08.56	07:48	10K40-44F	4/7	F	27/37	01:18:05.23
36/49	SPERRY, CYNTHIA	4044	01:15:24.97	07:32	10K40-44F	3/7	F	25/37	01:15:21.71
29/49	TRUDGIAN, LORNE	4045	01:10:42.66	07:04	10K60-64M	1/1	M	10/12	01:10:35.86
9/49	TUMBACH, ALEXIS	4046	01:02:06.01	06:12	10K25-29F	1/2	F	5/37	01:02:03.31
8/49	TURCOTTE, LISA	4051	01:00:14.47	06:01	10K50-54F	2/5	F	4/37	01:00:10.84
4/49	WREFORD, KELLI	4047	00:54:44.80	05:28	10K50-54F	1/5	F	1/37	00:54:44.19
18/49	WYSE VANHEE, HEIDI	4048	01:07:54.40	06:47	10K45-49F	4/7	F	11/37	01:07:47.32
22/49	ZDUNICH-HUBER, TERESA	4049	01:08:26.05	06:50	10K55-59F	1/6	F	13/37	01:08:19.25