

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

47 Finishers

5K09-14F (Female) - 2 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	BANDOLA, REAGAN	5283	00:31:51.31	06:22	+00:00:00	8/47	5/34	CALGARY
2/2	BANDOLA, SUMMER	5284	00:35:15.49	07:03	+00:03:24	21/47	11/34	CALGARY
5K20-24M (Male) - 1 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	SPEER, ZAK	5906	00:32:31.26	06:30	+00:00:00	13/47	6/13	COLCHESTER
5K25-29F (Female) - 5 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	ALCORN, CATHERINE	5162	00:24:03.47	04:48	+00:00:00	1/47	1/34	CALGARY
2/5	KASTNER, KYLA	5893	00:32:29.58	06:29	+00:08:26	11/47	7/34	CALGARY
3/5	CHO, SUYEON	5812	00:37:54.14	07:34	+00:13:50	26/47	15/34	CALGARY
5K30-34F (Female) - 2 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	VIGNA, CARINA	5911	00:24:47.63	04:57	+00:00:00	2/47	2/34	CALGARY
2/2	HARRIS, MELISSA	5891	00:35:19.31	07:03	+00:10:31	22/47	12/34	REGINA
5K35-39F (Female) - 6 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/6	WEBB, SARAH	5914	00:31:28.05	06:17	+00:00:00	7/47	4/34	CALGARY
2/6	MEEKS, REBECCA	5900	00:38:13.24	07:38	+00:06:45	28/47	17/34	CALGARY
3/6	PHUANGPHANIT, DUEANPHEN	5903	00:38:13.52	07:38	+00:06:45	29/47	18/34	STRATHMORE
5K35-39M (Male) - 5 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	BENSON, ANDREW	5286	00:24:52.17	04:58	+00:00:00	3/47	1/13	FORT MCMURRAY
2/5	ZABEL, DARREN	5916	00:32:05.74	06:25	+00:07:13	9/47	4/13	AIRDRIE
3/5	KAMPS, BRADEN	5892	00:32:30.82	06:30	+00:07:38	12/47	5/13	CALGARY
5K40-44F (Female) - 3 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	DIPERNO, ADORCHITA	5919	00:25:20.91	05:04	+00:00:00	4/47	3/34	CALGARY
2/3	BELL, CARA	5285	00:32:18.09	06:27	+00:06:57	10/47	6/34	CALGARY
3/3	MALAKOFF, TANYA	5920	00:39:18.58	07:51	+00:13:57	31/47	20/34	CALGARY
5K45-49F (Female) - 4 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/4	ZHAO, EVE	5917	00:32:53.69	06:34	+00:00:00	15/47	9/34	EDMONTON
2/4	TEMPLETON-BANDOLA, KATHLEEN	5909	00:35:43.57	07:08	+00:02:49	24/47	13/34	CALGARY
3/4	PIGOTT-HASS, PENNY	5922	00:48:25.31	09:41	+00:15:31	42/47	30/34	CALGARY
5K45-49M (Male) - 3 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	ALLEN, THOMAS	5271	00:26:54.80	05:22	+00:00:00	5/47	2/13	HOUSTON
2/3	WEBB, DON	5913	00:31:20.53	06:16	+00:04:25	6/47	3/13	CALGARY
3/3	THOMPSON, CHAD	5910	00:34:03.70	06:48	+00:07:08	17/47	8/13	LETHBRIDGE
5K50-54F (Female) - 5 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	ADSHADE, CATHRYN	5143	00:35:00.16	07:00	+00:00:00	20/47	10/34	CALGARY
2/5	MARTIN, ANNA	5918	00:38:07.40	07:37	+00:03:07	27/47	16/34	CALGARY
3/5	LIM, LEE	5896	00:39:17.79	07:51	+00:04:17	30/47	19/34	CALGARY
5K50-54M (Male) - 1 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	LOW, TECK	5897	00:34:11.95	06:50	+00:00:00	18/47	9/13	CALGARY
5K55-59F (Female) - 5 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	DOUGHERTY, LOUISE	5886	00:35:49.57	07:09	+00:00:00	25/47	14/34	CALGARY
2/5	CHRISTENSEN, CINDY	5847	00:40:57.18	08:11	+00:05:07	34/47	23/34	GUELPH
3/5	FAST, LYNN	5921	00:41:34.66	08:18	+00:05:45	35/47	24/34	CALGARY
5K55-59M (Male) - 3 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	LI, LINGCHUAN	5895	00:33:27.72	06:41	+00:00:00	16/47	7/13	EDMONTON
2/3	ADSHADE, TIM	5144	00:34:22.64	06:52	+00:00:54	19/47	10/13	CALGARY
3/3	FAUSTINO, ARIEL	5889	01:09:33.31	13:54	+00:36:05	47/47	13/13	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

47 Finishers

5K60-64F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	VIGNA, GINA	5912	00:43:15.09	08:39	+00:00:00	36/47	25/34	CALGARY

5K60-64M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	MILMAN, DENNIS	4028	00:46:24.86	09:16	+00:00:00	41/47	12/13	CALGARY